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Docetaxel/zoledronic acid combination triggers apoptosis synergistically through downregulating antiapoptotic Bcl-2 protein level in hormone-refractory prostate cancer cells

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Abstract

Docetaxel, a semi-synthetic taxane analogue, is used effectively in the treatment of metastatic prostate cancer. Zoledronic acid, the most potent member of bisphosphonates, has shown pleiotropic anti-tumoral effects on prostate cancer cells. We have explored the possible additive/synergistic effects and the apoptotic pathways induced by combination treatment of docetaxel and zoledronic acid in hormone and drug refractory, PC-3 and DU-145 prostate cancer cells. Combination of docetaxel and zoledronic acid synergistically inhibits cell growth in PC-3 and DU-145 cells. Moreover, this effect was due to downregulation of antiapoptotic protein Bcl-2 in PC-3 and DU-145 cells. In conclusion, docetaxel/zoledronic acid combination is potentially a novel and effective approach for the treatment of prostate cancer.

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Keywords: Prostate cancer; PC-3; DU-145; Docetaxel; Zoledronic acid; Bcl-2

1. Introduction

Prostate cancer is a worldwide significant health problem because of its high incidence and mortality particularly in elderly men, while the androgen-independent state of the disease has the worst prognosis. There is no standard treatment modality for this condition. Therefore, it is vitally important to explore novel agents in order to treat androgen-independent forms of the disease effectively (Zhao et al., 2004).

In the 1980s, docetaxel, a semi-synthetic taxane analogue from the European yew (*Taxus baccata*) was identified. Approximately 10 years ago, after *in vitro* studies, docetaxel was introduced to be an effective treatment option for androgen-independent prostate cancer (Gligorov and Lotz,

2004; Hanauske et al., 1992). As the results of clinical studies of its effect on prostate cancer, docetaxel is currently approved as the most active agent used in the treatment of metastatic prostate cancer (Berthold et al., 2008). Docetaxel binds to tubulin subunits and inhibits the disassembly of microtubules that normally occurs during cell cycle progression. It can also induce apoptosis significantly through inactivating the antiapoptotic Bcl-2 protein by its phosphorilation (Haldar et al., 1997).

Zoledronic acid is the most potent member of bisphosphonate family used mainly for the treatment of skeletal metastases of different tumor types, including prostate cancer (Corey et al., 2003). Furthermore, there is strong evidence that zoledronic acid also has anti-tumoral activities on many types of human cancers via a variety of mechanisms, including growth factor release, cell adhesion, antiangiogenic effects and apoptosis. Several *in vitro* studies have indeed demonstrated

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varying antiproliferative and cytostatic effects of zoledronic acid on prostate cancer cells (Dumon et al., 2004; Lee et al., 2001; Oades et al., 2003).

Based on these data, we have explored the possible additive/synergistic cytotoxic and apoptotic effects of combination treatment of docetaxel and zoledronic acid in hormone-refractory PC-3 and DU-145 prostate cancer cells. We have also examined for the apoptotic pathways induced in these cells exposed to docetaxel or zoledronic acid and combination of both. In this study, we tried to provide a novel drug combination for the treatment of hormone-refractory prostate cancer.

2. Materials and methods

2.1. Chemicals

Cell culture supplies were obtained from Biological Industries (Kibbutz Beit Haemek, Israel). Zoledronic acid was a generous gift from Novartis Pharmaceuticals Inc. (Basel, Switzerland). Docetaxel was obtained from Sigma Chemical Co (USA). The stock solution of zoledronic acid was prepared at a concentration of 10 mM in distilled water and aliquots were stored in $-20\,^{\circ}$ C. Stock solution of docetaxel (10 mM) was prepared in DMSO and the DMSO concentration in the assay did not exceed 0.1%. All other chemicals, unless mentioned, were obtained from Sigma. Anti-Bcl-2 antibody was obtained from Millipore Upstate USA (Charlottesville, VA).

2.2. Cell lines and culture conditions

Human PC-3 and DU-145 prostate cancer cells were obtained from ICLC (Genova, Italy). The cells were grown in RPMI-1640 supplemented with 10% heat-inactivated fetal bovine serum (FBS), 1% L-glutamine, 1% penicillin—streptomycin. Both cells were grown in incubators at 37 °C in the presence of 5% CO₂.

2.3. XTT cytotoxicity assay

The cytotoxic effect of docetaxel or zoledronic acid and their combination on PC-3 and DU-145 cells were evaluated by XTT cell proliferation kit (Roche Applied Science, Mannheim, Germany). Cells (10^4 cells/well) were plated in a 96-well plate in 200 μ l culture medium in the absence or presence of increasing concentrations of agents after verifying cell viability by trypan blue exclusion test. After 72 h of incubation, 50 μ l of XTT labeling mixture was added to each well and incubated for 4 h. The optical density was measured at 450 nm with a reference wavelength at 650 nm in a microplate reader (Beckman Coulter, DTX 880 Multimode Reader).

2.4. DNA fragmentation analyses

Apoptosis was evaluated by ELISA using Cell Death Detection ELISAPLUS kit (Roche Applied Science, Mannheim, Germany) and was confirmed by measuring the enzyme activity of caspase 3/7. The relative amounts of mono- and oligonucleosomes generated from the apoptotic cells were quantified using monoclonal antibodies directed against DNA and histones by ELISA. Briefly, cytoplasmic fraction of the untreated control and zoledronic acid or docetaxel and the combination of both treated cells were transferred onto a streptavidin-coated plate and incubated for 2 h at room temperature with a mixture of peroxidase conjugated anti-DNA and biotin labeled antihistone. The plate was washed thoroughly, incubated with 2,29-azino-di-[3-ethylbenzthiazolinesulfonatel diammonium salt (ABTS) and finally the absorbance was read at 405 nm with a reference wavelength at 490 nm (Beckman Coulter, DTX 880 Multimode Reader). All the experiments were performed in duplicate in enzyme-linked immunosorbent assay (ELISA) assays.

2.5. Caspase 3/7 enzyme activity assay

The Caspase-Glo 3/7 assay (Promega, Madison, WI) was used to measure caspase 3/7 enzyme activity according to the manufacturer's instructions. PC-3 and DU-145 cells at 10^4 cells/well were plated in a 96-well plate in $100\,\mu l$ culture medium in the absence or presence of increasing concentrations of docetaxel or zoledronic acid and the combination of both. $100\,\mu l$ of Caspase-Glo 3/7 reagent was added to each well and incubated at room temperature for 1 h. Finally, the luminescence of each sample was measured at luminometer (Beckman Coulter, DTX 880 Multimode Reader).

2.6. Western blot analysis

PC-3 and DU-145 cells were grown for 72 h in the absence or presence of docetaxel or zoledronic acid, or a combination of both at 37 °C. To prepare cell lysates for Western immunoblot analysis, cell pellets were lysed in buffer containing 20 mM Tris(tris(hydroxymethyl)aminomethane)—HCl (pH 8.0), 137 mM NaCl, 10% glycerol, 1% Triton X-100, 1 mM Na₃VO₄, 25 mM glycerophosphate and phosphatase inhibitor cocktail 1 (Sigma, USA). After centrifugation at 14,000 g for 15 min, protein concentrations were quantitated in duplicate by the Bradford method (Bio-Rad Laboratories, Hercules, CA). Equal amounts of protein were separated on an SDSpolyacrylamide gel electrophoresis (PAGE) and transferred to polyvinylidene difluoride Immobilon-P membranes (Bio-Rad Laboratories, Hercules, CA). The membranes were blocked with 5% nonfat drymilk prepared in Tris-buffered saline containing 0.1% Tween 20 (TBST0.1) at room temperature for 1 h and then incubated with primary antibodies diluted either in 5% BSA for Bcl-2 protein detection at room temperature for 1 h. Dilutions of primary antibodies were prepared according to the manufacturer's instructions. Following several washes in TBST, membranes were incubated with appropriate secondary antibodies (1:2000 dilution, Millipore Upstate USA, Charlottesville, VA) at room temperature for 1 h. The protein bands recognized by the antibodies were visualized by the Kodak Gel Logic 1500 Imaging System.

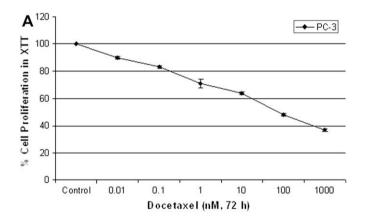
2.7. Statistical analysis

The data were analyzed using GraphPad PRISM software (version 5) (San Diego, CA, USA). All experiments were set up in triplicate and the results were expressed as the mean \pm standard deviation (SD). The paired Student's *t*-test was used to compare the differences between paired samples. Differences were considered significant at *P* value below 0.05. Median dose effect analysis was used to assess the interaction between the agents. The combination index (CI) values (Chou and Talalay, 1984) were calculated by using Biosoft CalcuSyn program (Ferguson, MO, USA) and CI was used to express synergism (CI < 1), additive effect (CI = 1), or antagonism (CI > 1).

3. Results

3.1. Antiproliferative effects of docetaxel and zoledronic acid on PC-3 and DU-145 cells

To examine antiproliferative effect of docetaxel and zoledronic acid for each agent, we incubated PC-3 and DU-145 cells in the absence or presence of increasing concentrations of



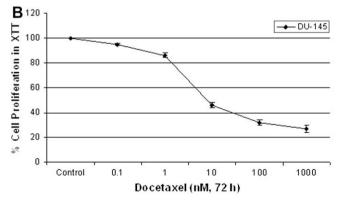
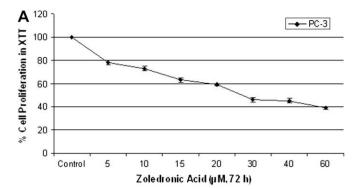


Fig. 1. A. Effects of docetaxel on the growth of PC-3 cells. B. Effects of docetaxel on the growth of DU-145 cells. The IC $_{50}$ concentration of docetaxel was calculated from cell proliferation plots. The XTT assays were performed using triplicate samples in at least 2 independent experiments. The error bars represent the standard deviations and, when not seen, they are smaller than the thickness of the lines on the graphs. Statistical significance was determined using two-way analysis of variance and found to be significant (P < 0.05).



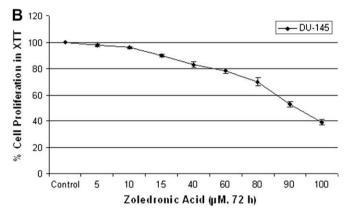


Fig. 2. A. Effects of zoledronic acid on the growth of PC-3 cells. B. Effects of zoledronic acid on the growth of DU-145 cells. The IC_{50} concentration of zoledronic acid was determined by XTT assay for each cell line as described. The XTT assays were performed using triplicate samples in at least 2 independent experiments. The error bars represent the standard deviations and, when not seen, they are smaller than the thickness of the lines on the graphs. Statistical significance was determined using two-way analysis of variance, and was significant (P < 0.05).

docetaxel and zoledronic acid for 24, 48 and 72 h through XTT cell proliferation assay. PC-3 and DU-145 cells were exposed to docetaxel (0.01–1000 nM) and zoledronic acid (5–100 μ M) for 24, 48 and 72 h and IC₅₀ values were calculated from cell proliferation plots. Cytotoxicity was increased in time and dose-dependent manner for each agent (data not shown). Highest cytotoxicity was observed at 72 h for each agent and IC₅₀ values of docetaxel in PC-3 (Fig. 1A) and DU-145 (Fig. 1B) cells were 12 and 9 nM, respectively. In zoledronic acid treated PC-3 (Fig. 2A) and DU-145 cells (Fig. 2B), IC₅₀ values were calculated to be 27 and 92 μ M, respectively, indicating that PC-3 cells were more sensitive to

Table 1 Combination index values of docetaxel or zoledronic acid alone and the combination of both on growth inhibition of PC-3 cells. Combination index (CI) values were calculated from the XTT cell proliferation assays. The data represent the mean \pm SD of 3 independent experiments.

Drugs	CI	Description
Docetaxel $(0.01 \text{ nM}) + \text{ZA } (5 \mu\text{M})$	0.102	Strong synergism
Docetaxel $(0.01 \text{ nM}) + ZA (10 \mu\text{M})$	0.129	Strong synergism
Docetaxel $(0.01 \text{ nM}) + ZA (15 \mu\text{M})$	0.300	Synergism
Docetaxel (100 nM) + ZA (30 μ M)	0.229	Synergism

Table 2 Combination index values of docetaxel or zoledronic acid alone and the combination of both on growth inhibition of DU-145 cells. Combination index (CI) values were calculated from the XTT cell proliferation assays. The data represent the mean + SD of 3 independent experiments.

Drugs	CI	Description
Docetaxel $(0.1 \text{ nM}) + \text{ZA } (5 \mu\text{M})$	0.026	Strong synergism
Docetaxel $(0.1 \text{ nM}) + ZA (15 \mu\text{M})$	0.088	Strong synergism
Docetaxel (1 nM) + ZA (10 μ M)	0.025	Strong synergism

zoledronic acid as compared to DU-145 cells as a bit more resistant to docetaxel.

3.2. Combination of docetaxel and zoledronic acid suppressed cell growth significantly more than any agent alone did, in human prostate cancer cells

To examine the cell growth suppressor effects of docetaxel and zoledronic acid combination, PC-3 and DU-145 cells were treated with increasing concentrations of both drugs at the same time for 24, 48 and 72 h. The synergism or additivity was calculated via combination index (CI) by using Biosoft Calcusyn Program. CI = 1 indicates additive effect, CI > 1 indicates antagonism, CI < 1 indicates synergism and CI < 0.5 shows strong synergy (Chou and Talalay, 1984). Combination of various concentrations of docetaxel and zoledronic acid at different time points were evaluated. Results showed that at 72 h, significant growth suppression on human prostate cancer cells as compared to any agent alone as shown in Tables 1 and 2.

The XTT cell proliferation data indicated that 0.01 nM docetaxel and 5 μ M zoledronic acid resulted in 8 and 10% decrease in proliferation of PC-3 cells, respectively, while the combination of both at the same concentrations resulted in 65% decrease in cell proliferation, as compared to untreated controls (Fig. 3). On the other hand, 0.1 nM docetaxel or 5 μ M zoledronic acid resulted in 5 and 2% decrease in proliferation of DU-145 cells, respectively, as the combination of both at

the same doses caused 70% decrease in cell proliferation as compared to untreated controls (Fig. 4).

For PC-3 cells exposed to 0.01 nM docetaxel and 5 or 10 μ M zoledronic acid, the CI values were calculated to be 0.102 or 0.129, respectively, indicating that the combinations of docetaxel and zoledronic acid at these concentrations showed a very strong synergism. Combination index analyses conducted for DU-145 cells showed that combination treatment of 0.1 nM plus 5 μ M zoledronic acid, 0.1 nM docetaxel plus 15 μ M zoledronic acid, and 1 nM docetaxel plus 10 μ M zoledronic acid resulted in strong synergisms.

3.3. Effects of the sequential treatment

The previous findings demonstrated that tumor cells with docetaxel and zoledronic acid resulted in significant synergy at 72 h. We examined the effect of sequential treatment of PC-3 and DU-145 cells with either docetaxel or zoledronic acid and subsequent treatment with the second agent. Pretreatment of tumor cells with docetaxel for 36 h and wash and then treatment for an additional 36 h with zoledronic acid resulted in synergistic cytotoxicity in both PC-3 and DU-145 cells. Also, pretreatment of tumor cells with zoledronic acid for 36 h and wash and then treatment for an additional 36 h with docetaxel resulted in synergistic cytotoxicity in both PC-3 and DU-145 cells. So we could not show any effect of sequential treatment on synergy obtained with docetaxel and zoledronic acid (data not shown).

3.4. A significant increase in DNA fragmentation was detected in response to combination of docetaxel and zoledronic acid compared to any agent alone in PC-3 and DU-145 cells

To examine the induction of apoptosis in response to docetaxel or zoledronic acid and the combination of both in prostate cancer cells, we incubated the cells in the presence of the anticancer agents alone or a combination of both for 72 h and then

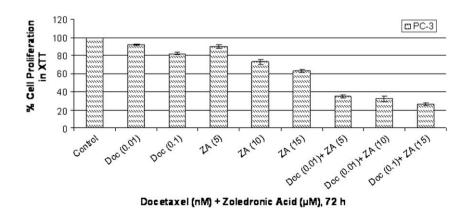


Fig. 3. Effects of docetaxel and zoledronic acid combination on the growth of PC-3 cells. Cytotoxicity was determined by the XTT cell proliferation test in a 72 h culture. The XTT assays were performed using triplicate samples in at least 2 independent experiments. The error bars represent the standard deviations and, when not seen, they are smaller than the thickness of the lines on the graphs. Statistical significance was determined using two-way analysis of variance and was significant (P < 0.05).

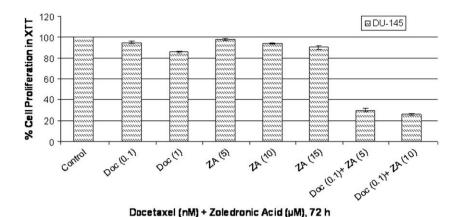


Fig. 4. Effects of docetaxel and zoledronic acid combination on the growth of DU-145 cells. Cytotoxicity was determined by the XTT cell proliferation test in a 72 h culture. The XTT assays were performed using triplicate samples in at least 2 independent experiments. The error bars represent the standard deviations and, when not seen, they are smaller than the thickness of the lines on the graphs. Statistical significance was determined using two-way analysis of variance, and was significant (P < 0.05).

quantified the levels of mono-oligo nucleosome fragments by Cell Death Detection Kit (Roche Applied Science, Mannheim, Germany). The results of DNA fragmentation analyses clearly showed that combinations of both agents induced apoptosis to a greater extent than either agent alone.

There were 2.9- or 5.5-fold increase in DNA fragmentation in 0.1 nM docetaxel or 15 μ M zoledronic acid exposed PC-3 cells, respectively, compared with untreated controls, while the combination of both resulted in a 7.7-fold increase in DNA fragmentation (Fig. 5). On the other hand, in 1 nM docetaxel or 10 μ M zoledronic acid, or the combination of both on DU-145 cells, there were 1.8- or 1.7- and 13.1-fold increase in DNA fragmentation, respectively, as compared to untreated controls (Fig. 6). The same set of experiments were conducted with the positive control of kit and have observed a significant increase in DNA fragmentation (data not shown). The data in Figs. 5 and 6 show that combination of both drugs induced

apoptosis through DNA fragmentation significantly more as compared to any agent alone.

3.5. Caspase 3/7 enzyme activity has been increased in response to combination of docetaxel and zoledronic acid more than any agent could induce by itself in human prostate cancer cells

Caspases are commonly referred to as the hangmen of apoptosis. The activation of many forms of caspases happens in many cells undergoing apoptosis. To evaluate whether caspases play roles in docetaxel and zoledronic acid-induced apoptosis of PC-3 and DU-145 cells, we measured the levels of caspase 3/7 using Caspase-Glo 3/7 assay. One another important goal of the examining the changes in caspase 3/7 enzyme activity was to determine the possible synergistic/additive effects of combination of docetaxel and zoledronic acid.

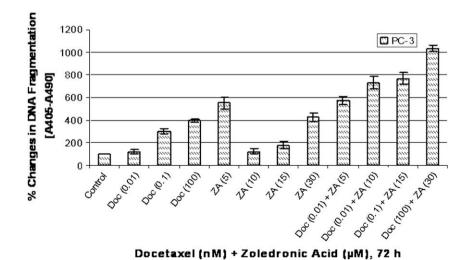


Fig. 5. Apoptotic effects of docetaxel and zoledronic acid in combination or any agent alone on PC-3 cells through DNA fragmentation analyses. The results are the means of 2 independent experiments. The error bars represent the standard deviations and, when not seen, they are smaller than the thickness of the lines on the graphs. P < 0.05 was considered significant.

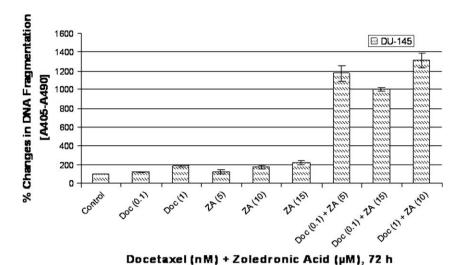


Fig. 6. Apoptotic effects of docetaxel and zoledronic acid in combination or any agent alone alone on DU-145 cells through DNA fragmentation analyses. The results are the means of 2 independent experiments. The error bars represent the standard deviations and, when not seen, they are smaller than the thickness of the lines on the graphs. P < 0.05 was considered significant.

The results revealed that there was a dose-dependent increase in caspase 3/7 enzyme activity in docetaxel or zole-dronic acid in both PC-3 and DU-145 cells. Specifically, PC-3 cells exposed to 0.1 nM docetaxel and 15 μ M zoledronic acid showed 1.73- or 2.14-fold increase in caspase 3/7 enzyme activity respectively, as compared to untreated controls, while their combination resulted in 4.1 times increase in caspase 3/7 enzyme activity (Fig. 7).

A similar set of experiments were conducted with DU-145 cells and the results showed that there were 1.9- and 3-fold increase in caspase 3/7 enzyme activity in 1 nM docetaxel and 10 μ M zoledronic acid applied DU-145 cells, respectively, as compared to untreated controls. The combination of both resulted in 18.2 times increase in caspase 3/7 enzyme activity compared to untreated controls (Fig. 8).

3.6. Western-blot analyses showed that combination of docetaxel and zoledronic acid induces apoptosis through significantly downregulating antiapoptotic Bcl-2 gene in human prostate cancer cells

Bcl-2 family proteins are overexpressed in many types of cancers. Although there are different types of proteins in this family, Bcl-2 protein was specifically recognized to be a therapeutic target in non-Hodgkin's lymphoma, chronic lymphocytic leukemia, prostate cancer, melanoma and some others. We have clearly shown that in PC-3 cells exposed to 100 nM docetaxel and $30 \,\mu\text{M}$ zoledronic acid, there were significant decreases in protein levels of Bcl-2 as compared to any agent alone applied cells (Fig. 9). The same results were also obtained with DU-145 cells (data not shown). These data

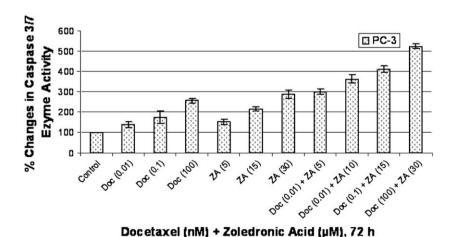


Fig. 7. Percent changes in caspase 3/7 enzyme activity in docetaxel and zoledronic acid combination or any agent alone exposed PC-3 cells. The results are the means of 2 independent experiments. The error bars represent the standard deviations and, when not seen, they are smaller than the thickness of the lines on the graphs. P < 0.05 was considered significant.

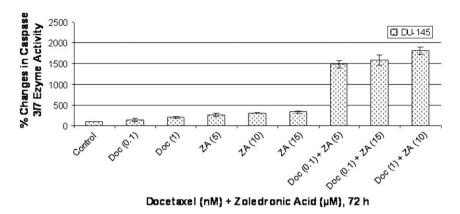


Fig. 8. Percent changes in caspase 3/7 enzyme activity in docetaxel and zoledronic acid combination or any agent alone exposed DU-145 cells. The results are the means of 2 independent experiments. The error bars represent the standard deviations and, when not seen, they are smaller than the thickness of the lines on the graphs. P < 0.05 was considered significant.

indicated that docetaxel and zoledronic acid-induced prostate cancer cell apoptosis through downregulating protein levels of antiapoptotic Bcl-2 gene (Fig. 9).

4. Discussion

Docetaxel has been approved for the treatment of hormone and drug resistant prostate cancer patients and exhibits its cytotoxic effect due to decreased proliferation and induction of apoptosis (Berthold et al., 2008). Zoledronic acid is the most potent member of bisphosphonates that was shown to be standard therapy for patients with bone metastasized hormone-refractory prostate cancer and these agents decrease skeletal related events (Saad, 2002; Saad et al., 2004). Zoledronic acid was also shown to have anti-tumoral effects on prostate cancer cells through induction of apoptosis, inhibition of cell proliferation and angiogenesis (Oades et al., 2003).

Based on the literature, we have examined the possible synergistic cytotoxic and apoptotic effects of docetaxel and zoledronic acid combination in hormone-refractory PC-3 and DU-145 prostate cancer cells. We have clearly shown that docetaxel and zoledronic acid combination exerts a significant degree of cytotoxicity on PC-3 and DU-145 prostate carcinoma cells as compared to any agent alone. These cells are ideal models to study the effects and mechanisms of various anticancer agents since they represent the very high aggressive nature of metastatic human prostate cancers. Our results revealed that docetaxel and zoledronic acid was significantly cytotoxic in both PC-3 and DU-145 cells, in a dose- and time-dependent manner. Antiproliferative concentrations of

combinations of these agents used in our study were in acceptable doses for *in vivo* administration. It was also shown by our studies that apoptosis was induced in prostate carcinoma cells with significant cytotoxicity, no matter which agent was applied first. Additionally, we demonstrated that there was a concentration dependent increase in caspase 3/7 enzyme activity in prostate carcinoma cells exposed to zoledronic acid or docetaxel and combinations of both.

In vitro treatment of different human cancer cells with docetaxel is associated with induction of apoptosis via phosphorylation and inactivation of the Bcl-2 protein (Yoshino et al., 2006). Overexpression of Bcl-2 has been implicated in the progression of prostate cancer to an androgen-independent stage (Huang et al., 2003; Lin et al., 2007; Rothermund et al., 2002). By different groups, it was also found that zoledronic acid inhibits cell proliferation and induces apoptosis through induction of DNA fragmentation and downregulation of Bcl-2 (Lee et al., 2001; Dumon et al., 2004; Caraglia et al., 2007). Based on the mentioned activities of docetaxel and zoledronic acid, we examined the possible augmented effects of their combination in PC-3 and DU-145 cells and searched for the changes in signalling pathways in response to any agent alone and combinations of both. It was clearly shown by our western studies that there was a significant decrease in protein levels of Bcl-2 in PC-3 and DU-145 cells exposed to combinations of both agents as compared to any agent alone or untreated controls. These results indicate that combinations of both agents induced apoptosis through downregulating antiapoptotic Bcl-2 protein.

Nowadays, treatment of androgen-independent prostate cancer still represents a challenge for clinicians. Thus, novel and effective approaches may provide an important avenue for the

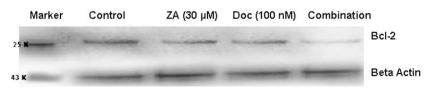


Fig. 9. Changes in protein levels of antiapoptotic Bcl-2 gene in PC-3 cells exposed to docetaxel or zoledronic acid and the combination of both as compared to untreated controls by western blotting.

treatment of these groups of patients. In conclusion, we strongly suggest that docetaxel and zoledronic acid combination is a good candidate for this challenging era of daily oncologic practice. And also, from the clinical point of view, the combination of docetaxel and zoledronic acid might allow a reduction in docetaxel doses and, in this way, may diminish docetaxel adverse effects while maintaining the therapeutic effect in hormone-refractory prostate cancer patients.

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