

## Genes associated with T helper 17 cell differentiation and function

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### 1. ABSTRACT

Interleukin-17 (IL-17)-producing T helper cells (Th17 cells) constitute a lineage of CD4 effector T helper cells that is distinct from the Th1 and Th2 CD4 phenotypes. In humans, Th17 differentiation is induced in the presence of the cytokines IL-1 beta, IL-6 and TGF beta, whereas IL-23 maintains Th17 survival. Effector human Th17 cells express several cytokines and cell surface markers, including IL-17A, IL-17F, IL-22, IL-26, CCR6 and TNF $\alpha$ . Studies on human cells have revealed that the RORC2 transcription factor plays an effective role in Th17 differentiation. Th17 cells contribute to the host immune response by involving various pathologies, including rheumatoid arthritis, multiple sclerosis and Crohn's disease. However, the full extent of their contribution to diseases is being investigated. The differentiation of Th17 cells is controlled by many transcription factors, including ROR gamma, IRF4, RUNX1, BATF, and STAT3. This review covers the general principles of CD4 T helper differentiation and the known transcription factors that play a role in the recently discovered Th17 cells.

### 2. INTRODUCTION

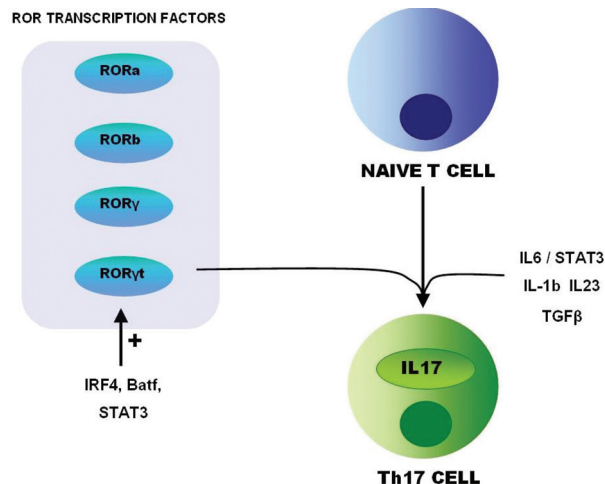
CD4 T cells are accepted as important actors in immune responses due to their capacity to regulate and coordinate other cells of the immune system. Because they are major players in the immune response, the characterization of these cells is crucial. Upon antigenic stimulation, naive CD4 T cells activate, proliferate and differentiate into different effector helper T cell subsets referred to as T helper (Th) 1 and Th2 (1,2). These T

cell subsets are characterized by their distinct cytokine production profiles and effector functions and carry their own specific, distinctive and heritable markers.

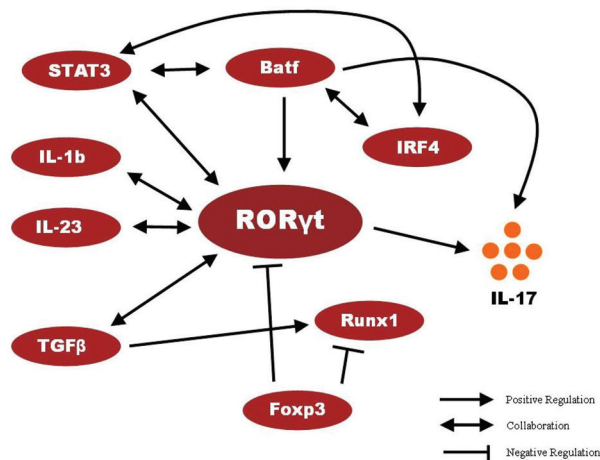
Interferon-gamma is the signature cytokine produced by Th1 cells and is responsible for immunity against intracellular pathogens. In addition, Th1 cells express genes associated with cytotoxicity, such as the Fas ligand and granzymes. Uncontrolled Th1 responses against self-antigens can lead to the development of autoimmunity. Th1 cells are generated from naive T helper cells by T cell receptor (TCR) engagement and Signal Transducer and Activator of Transcription 1 (STAT1) signaling, which are induced by the IFN-induced activation of the IFN $\gamma$ R. Phosphorylated STAT1 induces the expression of transcription factor T-bet, which drives Th1 differentiation by trans-activating the Th1 signature cytokine IFN-gamma and the specific subunit of the receptor for interleukin (IL)-12, IL-12R $\beta$ 2. Thus, the cell becomes responsive to IL-12, which is produced by activated antigen-presenting cells (APCs), and subsequent IL-12 signaling through Signal Transducer and Activator of Transcription 4 (STAT4) further stabilizes the Th1 phenotype. IL-4, IL-5 and IL-13 are secreted by Th2 cells, which play important roles in clearing extracellular pathogens and mediating allergic responses (3-7).

A distinct subset of CD4 T cell effectors was recently identified and named T helper 17 cells (Th17) because these cells produce the cytokine IL-17 (Harrington *et al.*, 2005, Park *et al.*, 2005). Th17 cells

## Genes in Th17 differentiation



**Figure 1.** Th17 differentiation. Different members of the ROR family play differing roles in various cellular niches. RORC2 is one of the cytokines required for Th17 differentiation from naive T cells. RORC2 partners with various proteins to affect Th17 differentiation and is positively regulated by a number of factors. IRF4, BATF and STAT3 positively regulate RORC2, which partners with IL-6, STAT3, IL-1 $\beta$ , IL-23 and TGF $\beta$  to form the interleukin 17 producing Th17 cells.



**Figure 2.** Networking of transcription factors involved in the Th17 differentiation. Most factors regulate differentiation through collaboration (indicated by double-headed arrow), while some regulate the expression or activity of others either positively (unilateral arrow) or negatively (blunt-headed line). Production of IL-17 is the main trait of Th17 cells, which is mainly upregulated by RORC2 and BATF. FOXP3 is known to inhibit RORC2 and RUNX1, while the remaining proteins either collaborate with each other or positively regulate others to drive IL-17 production in Th17 cells.

also produce the cytokines IL-17A, IL-17F and IL-22 (Annunziato *et al.*, 2007, Wilson *et al.*, 2007) and the chemokine receptor CCR6 (Acosta-Rodriguez *et al.*, 2007b, Annunziato *et al.*, 2007, Hirota *et al.*, 2007, Lim *et al.*, 2008, Singh *et al.*, 2008). Th17 differentiation is directed by lineage-specific transcription factors, including ROR $\gamma$ t (or RORC) and ROR $\alpha$ , and is controlled

by the coordinated activity of a series of positive and negative regulators (8-10).

## 3. LINEAGE SPECIFICATION OF TH17 CELLS

### 3.1. The retinoic acid-related orphan receptors (RORs)

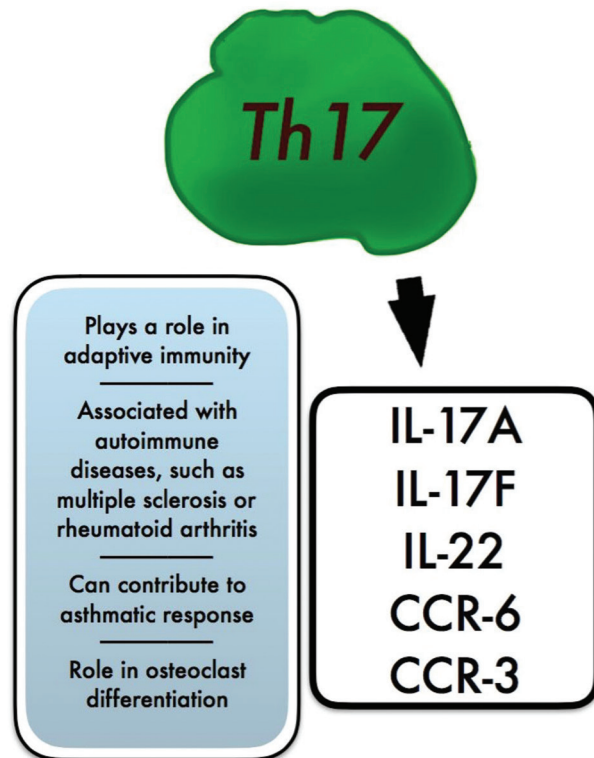
ROR is a nuclear receptor containing an N-terminal domain, a DNA-binding domain, a hinge region, a ligand-binding domain and a C-terminal region. In most nuclear receptors, ligand binding to the ligand-binding domain induces a conformational change, recruits transcriptional co-activators and starts the transcription process. The ROR family has three members: ROR $\alpha$ , ROR $\beta$  and ROR $\gamma$  (or RORC). Two different forms of ROR $\gamma$ , ROR $\gamma$  and ROR $\gamma$ t (or RORC2), are present in mammalian cells, and the only difference between these isoforms is the N terminus. ROR $\gamma$ t is sufficient for IL-17 expression as well as Th17 cell differentiation from human CD4 T cells. ROR $\gamma$ t functions with IL6/STAT3, TGF $\beta$ , IL-1 $\beta$  and IL-23 to generate Th17 cells. IL-23 and ROR $\gamma$ t provide Th17 mediated immunity. Several transcription factors, such as IRF4, BATF, STAT3 and E3 deubiquitinase USP17, control Th17 differentiation by positively regulating RORC expression (11-15).

Foxo1 inhibits ROR $\gamma$ t activity through the T cell intrinsic binding of its DNA binding domain, whereas inverse agonists and antagonists (such as TMP778) of ROR $\gamma$ t, as well as siRNAs specific to *Rorc*, have further helped characterize the role of ROR $\gamma$ t in Th17 differentiation (16-19).

In addition to the ROR family of receptors, Th17 cells express several other receptors for the differentiation or recognition of other immune cells as well as target tissues. Of these receptors, the following are considered crucial: IL-6R, IL-23R and the TNF receptor CD120a, which are responsible for the initial differentiation mechanisms of Th17 cells, as well as IL-22R, which uses the IL-22 produced by the differentiated cell as its ligand and plays a role in the maintenance of the Th17 phenotype (20-22).

### 3.2. Interferon-inducible factor-4 (IRF4)

Mammalian interferon regulatory factor (IRF) members play many roles in the immune system, including the regulation of T cell differentiation. IRF4 binds weakly to DNA, and its expression is restricted to immune cells. IRF4 needs cofactors to stably bind DNA. In B cells, the binding of PU.1 to DNA facilitates the recruitment of IRF4. In IL-21 treated B cells, IRF4 interacts with STAT3. *Irf4*<sup>-/-</sup> CD4-positive T cells exhibit a failure in STAT3 binding and form defective T follicular helper cells (Tfh). IRF4 can interact with Batf (the ATL-like basic leucine zipper transcription factor)-Jun complex to control transcriptional regulation (23-26).



**Figure 3.** Differentiated interleukin-17 producing T helper (Th17) cells fill important niches in the immune system. The key cytokines produced by Th17 cells are interleukin (IL) 17A, IL-17F, IL-22 and CCR6.

IRF4 aids Th17 cell differentiation and is required for the induction of ROR $\gamma$ t and ROR $\alpha$ . RhoA-associated kinase (ROCK) 2 is activated under Th17 polarizing conditions and phosphorylates IRF4, which directly binds to IL-17A and IL-21 promoters, inducing their transcriptional activation. The gene expression of IRF4 is induced by IL-1 $\beta$ , which prompts a 5.4-fold increase in expression, and by IL-6, which results in a 5.5-fold increase in expression. There is a positive relationship between IRF4 and IL-17A gene expression, indicating that IRF4 plays an important role in human Th17 cell differentiation [2-6-7]. IL-6 mainly activates STAT3 through the JAK-STAT pathway. STAT3 binds to the promoters of various genes, such as RORC, IL-17, IL-17F and IL-21, and interacts with the BATF, IRF4 and c-MAF genes. These transcriptional factors are important for Th17 cell differentiation (23-26).

### 3.3. B-cell activating transcription factor (BATF)

BATF is a basic leucine zipper transcription factor of the activator protein-1 (AP-1) family that helps generate Th17 cells. BATF is required for the generation of T follicular helper (Tfh) cells but not Th1 cells and Treg cells. BATF interacts with IRF4 for the generation of Th2 and Th17 cells and is involved in the induction of the

IL-10, IL-17 $\alpha$  and IL-21 genes in T cells. As a result, IL-6 activates the function of the BATF/IRF4 complex. Previous research has shown that IRF4 is activated upon IL-1 signaling and is critical for early Th17 cell differentiation. IRF4 interacts with NFATp (nuclear factor of activated T-cells) to induce IL-4 expression, suggesting that IRF4 modulates NFATp-dependent IL-2 expression, which is related with IL-17 production (27-30).

During the process of Th17 differentiation, BATF and ROR $\gamma$ t directly attach to the promoter of the IL17 gene and induce its transcription in a synergistic manner. However, it has been observed that Th cells lacking BATF fail to differentiate to Th17 cells, despite the presence of ROR $\gamma$ t, ROR $\alpha$  and IL-6. In addition to these findings, the function of BATF in Th17 differentiation remains unclear (27-30).

### 3.4. Runt-related transcription factor 1 (RUNX1)

Runt-related transcription factor 1 (RUNX1), which is also known as acute myeloid leukemia 1 protein (AML1) and core binding factor subunit alpha-2 (CBFA2), is a protein encoded by the RUNX1 gene in humans. Transforming growth factor-beta (TGF $\beta$ ) induces the expression of the Runx related transcription factors RUNX1 and RUNX3 in CD4-positive T cells. This induction is required for the binding of RUNX1 and RUNX3 to RUNX binding sites in the FOXP3 promoter. Runx proteins form transcriptional complexes with Foxp3, ROR $\gamma$ t and T bet (inhibitor of ROR $\gamma$  gene expression) to carry out Th differentiation and cytokine production. Runx1 induces ROR $\gamma$ t expression and is required for the differentiation of Th17 cells and for Foxp3 function. The binding of ROR $\gamma$ t and Runx1 together to the IL-17 $\alpha$  locus leads to increased expression of IL-17. The Runx1 and Runx3 transcription factors induce the differentiation of both Th1 and Th17 cells depending on the Runx interacting partner (Th1 and Th17 cell transcription factors, respectively). However, Foxp3 prevents both Runx1 and ROR $\gamma$ t activity. Runx1 can modify ROR $\gamma$ t/Foxp3 complexes and differentially associates with ROR $\gamma$ t or Foxp3, thus regulating or repressing transcriptional activity depending on the specific cytokine interactions (31-34).

Both Runx1 and Runx3 maintain high levels of Rorc expression in Th17 cells. The Runx transcription factors are weak transcriptional factors that interact with other transcription factors to activate or repress gene expression. If the concentration of Runx1 is sufficiently high to form both the Runx1-T-bet and Runx1-ROR $\gamma$ t transcription complexes, a T helper cell can simultaneously express IFN $\gamma$  and IL-17A. The overexpression of Runx1 or Runx3 in Th17 cells results in the induction of Stat4 and Tbx21, which are downstream factors of IL12 signaling. Runx1 is a stronger activator of the Tbx21 and Stat4 genes than Runx3, resulting in higher amounts of IFN $\gamma$  producing cells. Both Runx1 and Runx3 maintain high Rorc expression

**Table 1.** Genes and interactions in Th17 function and differentiation

Gene name	Role in Th17	Role in immune system	Associations with other proteins	References
BATF			Induces IL-17 transcription	27,30
CCR6	Surface expression factor	Associated with colorectal cancer and Crohn's disease	Chemokine receptor	8,9,10
Foxo1			Inhibits the RORC program	16
Foxp3			Antagonizes ROR production by Th17	39
IL-17A	Defining gene of Th17	Recruits monocytes and neutrophils to inflammation site	Induced by IL-22	8,9,10
IL-17F		Pro-inflammatory role in asthma	IL-17RA and IL-17RC as receptors	8,9,10
IL-1beta			Induces expression of IRF4	24
IL-22		Adaptive innate immune response	IL-22R1 and IL-10R2 complex as receptor	9
IL-23		Cytokine expression		14
IL-26			Induces rapid phosphorylation of STAT3	39
IL-6		Cytokine expression	Activates STAT3	14
TGFbeta			Reciprocal relationship between TGFbeta and Foxp3	5,6,7,8,39
IRF4			Induces RORgammat, RORalpha, IL-17A, IL-22	23,24
RORyt	Master regulator transcription factor			11,13
RUNX1			Binds to RORgammat, Foxp3 and T-bet	31,32,33
STAT3	STAT regulator of Th17 cells		Controls transcription of Th17 differentiation	44,45,46,47
TNF $\alpha$	Th17 cytokine	Involved in systemic inflammation		46
USP17			Positively regulates RORC expression	15

despite increased expression of Tbx21 and Stat4 (inhibitors of the Rorc gene) (31-34).

### 3.5. FOXP3 and T-BET

Th17 and Treg cells exhibit a close, reciprocal relationship through the molecules TGF $\beta$  and FOXP3 (forkhead box P3). TGF $\beta$  induces Treg differentiation and collaborates with or regulates proteins in the Th17 differentiation pathway, whereas the Foxp3 produced by Treg cells antagonizes the ROR $\gamma$ t and ROR $\alpha$  produced by Th17 cells. In addition, retinoic acid causes the preferential differentiation of Treg over Th17 cells because it enhances TGF $\beta$  and inhibits IL-6 receptor expression. Furthermore, the transcription factor hypoxia inducible factor 1-alpha (HIF1alpha) enhances ROR $\gamma$ t expression and inhibits Foxp3 expression, which leads to the preferential differentiation of Th17 cells compared with Treg cells. These findings show that the immune system has mechanisms that can induce suppression or inflammation as desired, but the implications of this conclusion are not known yet (35-39).

Th1 specific T box transcription factor (T-bet) exerts an indirect antagonistic effect on Th17

differentiation by blocking Runx1 from binding and activating the RORC gene, which encodes the ROR $\gamma$ t protein required to activate IL-17. Runx1 and T-bet interact during the early Th17 cell differentiation process. However, this interaction mutually prevents both proteins from activating their target genes, resulting in an equal amount of each protein completely inhibiting the other's function in the differentiation process. A higher amount of Treg favors Th1 differentiation, whereas a lower amount favors Th17 differentiation. T-bet can also bind to a protein binding element in the RORC promoter, preventing Runx1 from binding to its own adjacent binding site. It is unknown whether similar adjacent binding sites exist in other Runx1-activated genes, indicating that further investigation is required to understand the details and specificity of the repression mechanism (40-42).

### 3.6. Signal transducer and activator of transcriptions (STATs)

Signal transducer and activator of transcription 3 (STAT3) is a transcription factor that is activated by the cytokines IL-17, IL-23, IL-6 and IL-21. The importance of STAT3 has been shown by the finding that the

deletion of STAT3 in T cells leads to the prevention of Th17 differentiation. STAT3 directly binds the IL-17 promoter, as was shown by a ChIP assay. STAT3 binds to enhancers and promoters of genes that are responsible for Th17 specification. STAT3 binds not only to the IL-17 promoter but also to the IL-21, IL-21r and IL-23r genes. The important role of STAT3 is the control of transcription factors involved in Th17 differentiation, such as IRF4, ROR $\gamma$ t and Batf. STAT3 also plays an interesting role involving Th17 proliferation and survival. It was recently shown that the phosphorylation status of Smad2/Smad3 allows them to act as opposite cofactors of STAT3, which regulates Th17 differentiation through ROR $\gamma$ t (43-47).

STAT proteins affect Th17 differentiation in a positive manner but can also affect this process in a negative manner. STAT1, which is activated by IL-23, plays an important role in Th17 differentiation. Th17 differentiation is inhibited in the absence of STAT1 (48). Another negative regulator of Th17 differentiation is STAT4, which is activated by IL-12 and acts as a positive regulator of Th1 differentiation and INF $\gamma$  production. The production of IL-17 is suppressed by IL-2 and IFN $\gamma$  (49). IL 2 activated STAT5 is involved in Treg and Th17 differentiation (50).

#### 4. SUMMARY AND PERSPECTIVE

A distinct subset of CD4 T cell effectors denoted T helper 17 cells was recently identified. Th17 cells contribute to the host immune response by involving various pathologies, including multiple sclerosis, Crohn's disease and rheumatoid arthritis. The differentiation factors of Th17 cells in humans remain under investigation. An increasing body of evidence in the literature emphasizes that human CD4 T cells have a huge capacity to display plasticity during the differentiation of the T helper phenotype. Th17 cells can differentiate into Th1 and Th2 phenotypes, whereas FoxP3-positive Tregs can differentiate into Th1, Th2 and Th17 cells. Therefore, it is important to fully understand the differentiation mechanisms of T helper cells.

T helper 17 cells can express more than one master transcription factor. The interactions of transcription factors with other transcription factors and/or regulatory factors need to be further studied in detail. For example, BATF transcription factor expression is not limited to Th17 cells; in fact, this transcription factor can be expressed by all T helper cells, even though its role in other Th cells remains unclear. In addition to RORs, IRF4 and RUNX1, peroxisome proliferator activated receptor gamma (PPAR $\gamma$ ) (51) and epidermal fatty acid binding protein (E-FABP) (52) have been shown to play a role in IL17 gene expression. However, the molecular mechanism underlying these regulations is not fully understood. Furthermore, it is also important to obtain a more in-depth understanding of the epigenetic regulation

of T helper cells in order to comprehend the plasticity and stability of T helper cells.

Although the transcription factor RORC2 has been shown to be expressed in human Th17 cells, the relationships of RORC with other transcription factors remain unclear. It has been proposed that microRNAs in addition to cytokines and transcription factors can also play a role in T helper differentiation. Therefore, the roles of microRNAs in Th17 differentiation need to be clearly elucidated. MicroRNAs (miRNAs) are 17- to 23-nt RNA molecules that regulate the expression of protein-coding genes. It is very likely that induced or suppressed miRNAs regulate key transcription factors and other genes involved in T helper cell differentiation. Understanding the molecular mechanisms underlying Th17 cell differentiation and the regulation of this process will help scientists develop better therapeutic approaches for the treatment of Th17 cell-driven pathologies.

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